



INFORMATION FOR THE USER

adol[®]

Pain Reliever, Fever Reducer
Suppositories

125mg, 250mg and 500mg
Paracetamol

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must contact your doctor if you do not feel better or if you feel worse after 3 days.

In this leaflet:

1. What **adol** suppositories are and what they are used for
2. What you need to know before you use **adol** suppositories
3. How to use **adol** suppositories
4. Possible side effects
5. How to store **adol** suppositories
6. Further information

1. What **adol** suppositories are and what they are used for

adol suppositories contain a medicine called paracetamol. This belongs to a group of medicines called pain-killers (analgesics). A suppository is a small, torpedo-shaped, medicine which is inserted into the back passage (rectum).

adol suppositories are used to treat pain and high temperature (fever), they are used when it is difficult to take paracetamol as tablets, suspension or syrup.

- **adol** 125mg suppositories for children aged from 1 to 5 years.
- **adol** 250mg suppositories are for children aged from 6 to 12 years.
- **adol** 500mg suppositories are for adults and children over 10 years of age.

You must talk to a doctor if you do not feel better or if you feel worse after 3 days.

2. What you need to know before you use **adol** suppositories

Do not use **adol** Suppositories:

- If you are allergic to paracetamol or any of the other ingredients of this medicine (listed in Section 6).

Warnings and precautions

Talk to your doctor or pharmacist before using **adol** suppositories.

Take special care with the use of **adol suppositories and talk to your pharmacist or doctor if:**

- You have problems with your liver or kidneys.

Other medicines and **adol** suppositories

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. This is because **adol** suppositories can have an effect on the way some medicines work and some medicines can have an effect on how **adol** suppositories work.

In particular tell your doctor or pharmacist if you are taking any of the following:

- Other medicines containing paracetamol – **do not use **adol** suppositories at the same time**
- Medicines to treat nausea (feeling sick) and vomiting (being sick), such as metoclopramide and domperidone
- Colestyramine, used to reduce the level of cholesterol (fat) in the blood
- Medicines called anticoagulants, such as warfarin, used for treating blood clots or "thinning the blood"
- Medicines called anticonvulsants used for treating epilepsy or fits (e.g. phenytoin, carbamazepine)
- The antibiotic rifampicin.

Pregnancy and breast-feeding

If necessary, **adol** 500mg suppositories can be used during pregnancy. You should use the lowest possible dose that reduces your pain and/or your fever and use it for the shortest time possible. Contact your doctor if the pain and/or fever are not reduced or if you need to take the medicine more often.

3. How to use **adol** Suppositories

This medicine is for rectal use only. Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist have told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is:

	Age	Number of Suppositories	Minimum Length of time between doses	Maximum number of suppositories in 24 hours
adol 125mg suppositories	1 year (body weight 10kg)	1	4 - 6 hours	4
	Over 1 year to 5 years (body weight 20kg)	1 or 2	4 - 6 hours	4-8
adol 250mg suppositories	6 years to 9 years (body weight 20-30kg)	1	4 - 6 hours	4
	10 years to 12 years (body weight 30-40kg)	1 - 2	4 - 6 hours	8
adol 500mg suppositories	10 years to 12 years (body weight 30-40kg)	1	4 - 6 hours	4
	Adults + Children over 12 years	1 or 2	4 - 6 hours	8

Do not use more suppositories than stated above

How to use the suppositories:

- The bowels need to be empty when you use this medicine. If you need to go to the toilet, make sure that you do it before you use the suppository.
- It may be easier to use the suppository if you are lying on your front or side on a bed.
- Wash your hands. Then peel the wrapping apart to take out the suppository. Do not break the suppository before use.
- Gently push the suppository into your back passage with the pointed end first. To make it easier to use the suppository you may warm it slightly between your hands beforehand.
- Try to keep still for a minute or two and then wash your hands.
- If you need to use another suppository, then follow the above procedure again.

If you use more **adol** suppositories than you should

Talk to a doctor at once if you use too much of this medicine even if you feel well. This is because too much paracetamol can cause delayed, serious liver damage.

If you forget to use **adol** suppositories

Do not use a double dose to make up for the forgotten dose.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Stop using **adol suppositories immediately and call your doctor if you notice you have any signs of allergic reaction.**

Signs of an allergic reaction include a rash, swallowing or breathing problems, swelling of your lips, face, throat or tongue.

The following side effects can happen with this medicine.

Common side effects (affects more than 1 in 100 people taking this medicine):

- Redness or soreness in and around the back passage.

Rare side effects (affects less than 1 in 1000 people taking this medicine):

- Blood problems. If these happen, you may bruise or bleed more easily than usual, be more susceptible to infections, or get a high temperature (fever) and ulcers in the mouth and throat
- Liver problems. Symptoms may include jaundice (yellowing of the skin or whites of the eyes).

5. How to store **adol** suppositories

- Keep this medicine out of the reach and sight of children.
- Store below 30°C, in the original container, protected from heat.
- Do not use **adol** suppositories after the expiry date which is stated on the carton. The expiry date refers to the last day of that month.
- Do not use **adol** suppositories if you notice any visible sign of deterioration.
- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Further information

What **adol** suppositories contain

The active substance is paracetamol.

Each suppository contains 125mg, 250mg or 500mg of paracetamol.

Other ingredient: Semi-synthetic glycerides of saturated fatty acids from C8 and C18 [Suppocire AM].

What are the available packs of **adol**

adol 125mg, 250mg & 500mg suppositories are available in packs of 10 suppositories and Hospital packs of 100 suppositories.

THIS IS A MEDICAMENT

- Medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicines their benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.
- Keep all medicaments out of reach of the children.

Council of Arab Health Ministers,
Union of Arab Pharmacists

Any information? Call (971) 800-4994, U.A.E.



Produced by: **Julfar**
Gulf Pharmaceutical Industries,
Ras Al Khaimah, U. A. E.